The Helena River’s headwaters originate in the Darling Scarp, before traversing the coastal plain and discharging into the Upper Swan Estuary at Guildford. Piesse Gully flows through state forest and Kalamunda National Park before joining Helena River just upstream of the Lower Helena Pumpback Dam. Helena River is an ephemeral river system with a largely natural catchment comprising bushland, state forest and national parks. The river’s flow regime has been altered and reduced by dams including the Lower Helena Pumpback Dam and the Helena River Reservoir (Mundaring Weir) and associated control structures.

The area above the Lower Helena Pumpback Dam is a water supply catchment for Perth and the Goldfields region. Surface water quality is ensured with controls over access, land use practices and development in this part of the catchment.

Large tracts of state forest and bushland exist in the Helena River catchment including Greenmount, Beelu, Gooseberry Hill, Kalamunda and a small portion of John Forrest, national parks. Agricultural, light industrial and residential areas make up the remaining land use in the catchment.

Soils in the catchment comprise shallow earths and sandy and lateritic gravels on the Darling Scarp; sandy, gravelly soils on the foothills to the west; and alluvial red earths close to the confluence with the Swan Estuary. Groundwater tends to make a relatively minor contribution to flow in the Helena River.

Water quality is monitored fortnightly at the Department of Water and Environmental Regulation gauging station near the catchment’s lower end, shortly before the river flows into the Upper Swan Estuary near the Westrail workshops at Bellevue. The site has been positioned to give an indication of the nutrients leaving the catchment and may not represent upstream areas. From 2016, there were no flow data available.

Helena River – facts and figures

- **Average rainfall (2014–18)**: ~ 720 mm per year (Perth metro)
- **Catchment area**: 175 km²
- **Per cent cleared area (2005)**: 36%
- **River flow**: Ephemeral (flows June to January)
  - Two water supply dams are present in the catchment
- **Average annual flow**: ~ 5.1 GL per year (2012–15 average)
- **Main land uses (2005)**: Conservation and natural, residential and farms.

### Nutrient summary: concentrations, estimated loads and targets

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<tr>
<td></td>
<td>Annual flow (GL)</td>
<td>616086</td>
<td>13.5*</td>
<td>14.2*</td>
<td>1.7*</td>
<td>10.8*</td>
<td>3.9*</td>
<td>10.8</td>
<td>4.0*</td>
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<td>TN median (mg/L)</td>
<td>SWN10</td>
<td>0.66</td>
<td>0.72</td>
<td>0.61</td>
<td>1.00</td>
<td>0.61</td>
<td>0.92</td>
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<tr>
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<td>TP median (mg/L)</td>
<td>SWN10</td>
<td>0.016</td>
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<td>TN load (t/yr)</td>
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<td>16.84*</td>
<td>1.48*</td>
<td>11.63*</td>
<td>3.24*</td>
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<td>TP load (t/yr)</td>
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<td>0.34*</td>
<td>0.03*</td>
<td>0.24*</td>
<td>0.07*</td>
<td>0.24</td>
<td>0.08*</td>
<td>0.03*</td>
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</table>

**TN short term target** = 2.0 mg/L  **TN long term target** = 1.0 mg/L  **TP short term target** = 0.2 mg/L  **TP long term target** = 0.1 mg/L

* Best estimate using available data.
* Statistical tests that account for the number of samples and large data variability are used for testing against targets on three years of winter data. Thus the annual median value can be above the target even when the site passes the target (or below the target when the site fails).